



Approved Items for Pathways Patients

Clothing

- Pants (a total of 10 bottoms, any combination of pants and shorts)
 - Jeans, sweatpants and/or leggings
 - Must not have holes above the knee
 - No strings
- Shorts (a total of 10 bottoms, any combination of pants and shorts)
 - Must be no shorter than 3” above the knee
 - No strings
- Shirts/sweaters (10)
 - Must have sleeves, no tank tops
 - Must be full shirts covering shoulders, chest and midriff
 - No profane subjects such as drugs, alcohol or violence
 - No strings
 - No pull-over hoodies
- Socks (10 pairs)
 - No longer than mid-calf – ankle socks preferred
- Underwear (10)
- Bras (4)
 - No underwire
- Pajamas (3)
 - Must be no shorter than 3” above the knee
 - Must have sleeves, no tank tops
 - No strings
- Shoes (2)
 - Slide on sandals
 - No flip-flops
 - No metal buckles
 - Closed toe shoes
 - No shoelaces
 - No boots of any kind
 - No high heels
 - No shoes with hemp rope soles
- Jacket/coat (1)
 - If there is a hood there must be a full zipper
- Hat & sunglasses
 - May only be worn while on off campus programming

Personal

- Blanket (1)
 - Must not be knitted or crocheted
 - No tie blankets
 - No borders that could be easily removed
 - Must be machine washable
- Pillow (1)
 - Regular size; Must be machine washable
- Stuffed animal
 - Under 2 ft long
 - Must be machine washable
 - All weighted items must be approved by OT
 - Total collection must not be large enough to mimic sleeping patient
- Shampoo, conditioner, body wash, lotion and deodorant (1 each)
 - No pumps
 - No bars of soap
 - No roll on or gel deodorant
- Feminine products
- Brush
- Books for personal use (6 on unit at a time)
 - No string, staples, or metal binding
 - Content of reading material must be therapy approved
- Bible or religious books
 - No string, staples, or metal binding
- Family pictures – no frames, no individual pictures of patient

Not Allowed

- Money
- Electronics
- Jewelry – only plastic spacers allowed for piercings.
- Valuable items
- Weapons
- No knitted or crocheted items
- Aerosol
- Metal or glass
- Razors
- Full size toothbrush
- Belts
- Personal writing utensils – markers, crayons, etc.
- Fidgets containing liquids or orbeez
- Personal make up

Families are encouraged to label all belongings with patient name or initials prior to sending them with the patient. Unlabeled belongings will be labeled when they are checked into the unit. Patients are expected to dress modestly and to wear appropriate undergarments. All clothing should be in good repair; no torn clothing. Patient's shoulders, chest, midriff, buttock and thighs must be covered at all times.