



AREA MENTAL HEALTH RESOURCES (updated 9/2020)

Inpatient Psychiatric Care

NAME	PHONE	SPECIALTY AREA
<u>Wyoming Behavioral Institute</u> Steve Brown, MD David Martorano, MD Lida Prypchan, MD Karen Graves, PMHNP, BC Frank Wheeler, MD Leslie Bardesson, DO	237-7444 or 1-800-457- 9312	Walk-in, free level of care assessments; information and referral; inpatient psychiatric care for children, adolescents, adults and seniors; adult detox.

Outpatient Psychiatric Care

Private providers	PHONE	SPECIALTY AREA
<u>Dr. Stephen Brown and Associates</u> Stephen Brown, MD Jeff Brown, PA-C Sarah Burt, PMHNP-BC	234-3638	Child/adolescent psychiatry.
<u>Wyoming Psychiatry LLC</u> David Martorano, MD	215-9870	Adult psychiatry, addictions, chronic pain, Transcranial Magnetic Stimulation.
<u>A Beautiful Mind</u> Shellie Hipsak, APRN	337-1173	Child/adolescent/adult psychiatry.
<u>Frontier Behavioral Health</u> Angela Neff, APRN	462-4876	Child/adolescent/adult psychiatry.
<u>Kintsugi Psychiatry</u> Teecee Fulfer, APRN	333-5757	Child/adolescent/adult/gero psychiatry.
<u>Peaceful Minds Wellness Center</u> Jennifer Frausto, APRN	224-2484	Child/adolescent/adult psychiatry.
<u>Specialty Counseling</u>	222-3042	Telepsychiatry.
<u>Therapy Associates</u> Leslie Murtagh, APRN	277-6473	Child/adolescent psychiatry.
Mark Vuolo, MD	266-6244	Adult psychiatry.
Wyoming Recovery	265-3791	Adult psychiatry, addictions.
<i>Government funded</i>		
<u>Central Wyoming Counseling</u> Frank DelReal, MD Mark Vuolo, MD	237-9583	Child/adolescent/adult psychiatry.
<u>Community Health Center of Central Wyoming</u> Brenda Threlkeld, APRN	233-6000	Adolescent/adult psychiatry.
<u>UW Family Practice Residency Program - Casper</u> Frank DelReal, MD	234-6161	Adult psychiatry.
<u>Solutions for Life - Douglas/Glenrock/Lusk</u> Nichole Taylor, APRN Frank DelReal, MD	307-358- 2846	Adolescent/adult psychiatry

Psychologists

<u>Casper Counseling and Psychology</u> Jack Herter, PhD	235-9004	Pre-surgical psychological evaluation for bariatric and spinal surgery patients.
<u>Park Ridge Behavioral Health</u> Ken Bell, PhD Don Benson, PsyD Melissa Jenkins, PhD Judith Naginey, PhD Charlie Powell, PhD Jason Tyser, PhD	462-4876	Child, adolescent, adult, geriatric adult counseling, couples and family counseling, marriage therapy, anxiety, eating disorders, relationship issues, substance abuse disorders, gender orientation issues and parenting teenagers. Psychological evaluations and consultations.
<u>Learn Resilience, LLC</u> Becky Wilkinson, PhD	215-6988	Eating disorders, depression, anxiety, grief, adjustment, psychological evaluations.
<u>Rocky Mountain Behavioral Health</u> Ken Bell, PhD	577-3050	Child and adult psychological assessments, ADHD, mood and anxiety disorders, developmental disorders, academic problems.
<u>Windy Ridge Psychological</u> Cheryl Godley, PhD	234-0500	Adolescent, adult, family therapy, women's issues, depression, anxiety, psychological assessment.

Private Outpatient Mental Health Specialists

NAME	PHONE	SPECIALTY AREA
<u>Dr. Stephen Brown and Associates</u> Kim Cossin, LPC Emily Engler, PPC Dan Farrer, LPC	234-3638	Children, adolescents, adults, individual, marriage, family therapy, domestic violence victims and offenders, trauma therapy.
<u>Aspen Creek Counseling</u> George Brown, LPC JoEllen Jorgensen, LPC Amy Berry, LCSW	233-4210	Specializing in children and families, play and cognitive therapy, trauma and abuse counseling, domestic violence and parenting consultation.
	439-4120	Children, adolescents, adults, seniors. Trauma, parenting, substance abuse, disability, relationships, domestic violence, and more. Accepting Medicaid and Medicare.
<u>A Beacon of Hope</u> Rosemary Bartle, LPC	267-0535	Child and adolescent therapy, depression, anxiety, EMDR, trauma work.
<u>Be Mindfully You</u> Brenna Gatimu, LCSW Brandon Wardell, LPC Jason Weaver, LPC Rachel Yauncy, LCSW	215-9132	DBT, CBT, EMDR. Individual therapy for individuals 5 and older. Teen group therapy can be offered if requested.
Pat Boyer, LMFT, LCSW	265-7755	Marriage, family and individual therapy.
<u>Brookridge Counseling Services</u> Cindy Repasky, MSW, LCSW	267-6779	Family, Individual and Group Counseling - Specializing in work with elementary through high school children with behavior problems and adults with mental disabilities.
<u>Casper Family Connections</u> Christine Vencill, LCSW Jennifer Sullivan, LCSW	233-2200	Safe custody exchanges, supervised visitation, individual and group therapy.

<u>Casper Family Counseling</u> Bryan Collins, LCSW Lisa Thomas, LCSW <u>Cedar Ridge Child and Family Counseling</u> Tricia Miller, LCSW RPT Jennifer Bays, PPC Jessica Katz, LPC Karen Olsen, PCSW Shelly Sands, MSW Frank Shablo, LPC	877-299-9944 333-1301	Children, adolescents, adults, seniors, families, individual and group therapy. Community-based services as needed. EMDR and Trauma Focused Cognitive Behavioral Therapy. Registered Play Therapist. Addressing social, emotional, and behavioral health challenges in the school, home, and work environment. Depression, anxiety, ADHD, anger, family conflict and parenting, abuse and neglect. Services in the office and community.
<u>Complete Care Counseling</u> Codie Wallace, LCSW	234-9979	Child, adolescent, adult and marital counseling, family conflict and parenting, sexual abuse/trauma counseling.
<u>Counseling With Christy</u> Christy Jindrick Tholl, LPC	277-7214	Experiential & existential therapy with play, art, and sand tray for adults, teens, children, families, and couples. EMDR- anxiety and trauma.
<u>Crossroads Counseling</u>	333-5370	Child, adolescent and adult therapy, Level I.O substance abuse treatment and Intensive Outpatient Program
<u>Embracing Change</u> Stephanie Fegler, LCSW	277-1874	Individual, couples, and family counseling for pre-teens, teens, and adults to address a variety of mental health and substance use issues. Sliding fee.
<u>Emotional Wellness Counseling</u> Tammy Michael, LCSW	224-7135	Child, adolescent, adult, older adult therapy, Specializing in EMDR, trauma focused CBT.
<u>Grace and Hope Counseling</u> Leon Chamberlain, LCSW	337-7471	Anger management, batterer intervention, and veterans counseling.
<u>Greener Grasses</u> Karen Harden, LPC	237-6176	EMDR, trauma, anxiety, depression.
<u>Harkins Therapy Services, LLC</u> Shane Harkins, LCSW Carley Alcaraz, LPC <u>Harmony Health</u> James Zoeller, LPC Kelsey Donnini, LCSW Brandon Bishop, PPC <u>Anchor Counseling</u> Kayleigh Clark, MSW, LCSW	235-3333	Individual, child, adolescent, couple and family counseling, grief and loss, EMDR, adjustment to life/health events, relationship issues, anxiety, depression.
Patricia Hartley, LPC	399-3779	Adolescents and adults.
<u>The Healing Place</u> Julie Fox, LPC Jason Poot, LPC Cari Rothenhoefer, LCSW Ginger Terry, LMFT Josh Kaufman, LPC Harold Bradshaw, LMFT Amanda Roy, LCSW	265-3977	Child, adolescent, adult, and older adult counseling. Christian counseling, individual, couples and family therapy, step-family support, grief share, divorce care.

<u>Healing Tree Counseling</u> Jennifer Cruickshank, MS, LPC	215-1204	Individuals, children, adolescents, families, and couples, groups.
Devon Houser, LPC	303-842-7055	Children, adolescents, and adults, family, and trauma therapy.
<u>KV Davis Counseling LLC</u> Verline Davis, LPC	337-4673	Play therapy, trauma, children, adolescents and adult, family and couples counseling.
<u>Learn Resilience, LLC</u> Becky Wilkinson, PhD	215-6782	Individuals, adolescents, adults, families, couples, parenting.
<u>Life Matters</u> Corey Wentz, LPC, LAT	797-4683	Adolescents, adults, families, addictions, ASIs.
<u>The Mane Tale</u> Julie Feiler, LPC, NBC, CCMH	262-4688	Child, adolescent, adult, couples, family, disabilities and case management. Traditional and equine assisted psychotherapy.
<u>Mind and Thought Counseling</u> Archie Pettry, LPC	466-8008	Individual and family counseling. Child, adolescent, adult, geriatric.
<u>New Beginnings Counseling</u> Steve Lewis, LPC	234-9907	Children, adolescents, adults, marriage, couples, Christian counseling, and parenting. EMDR Level II, Play Therapy, and CBT.
<u>Park Ridge Behavioral Health</u> Nicole Rosenberger, LCSW Cassidy Lach, LPC	462-4876	Child, adolescent, adult, individual, family counseling.
Cindy Parrish, LPC	237-7747	Individuals, families, couples, sexual abuse/trauma therapy, nontraditional lifestyles therapy, child, adolescents, adults.
Barb Ralph, LPC	277-9752	Children, adolescents, adults. Individuals, couples, families. Cognitive behavioral therapy, substance abuse treatment.
<u>Remember Who You Are Counseling</u> Deb Michael, LPC	262-8572	Eating disorders, trauma and adult therapies.
<u>Restorations Counseling</u> Aleece Gutierrez, LPC	267-1290	Adult counseling. Depression, bi-polar disorder, grief and loss, abuse, adoptive family issues, anger management, personality disorders, crime victims, women's issues, Christian counseling. CBT, DBT, EMDR, behavioral modification, network therapy, case management, professional referrals.
<u>Rocky Mountain Behavioral Health</u> Dawn Lewis, LPC Jason Tyser, PhD	577-3050	Adolescents, adults, mood and anxiety disorders, adjustment and transition issues, developmental delays. Assessment of intelligence, achievement, adaptive functioning, neuropsychological and emotional functioning.
Anastasia Sarbach, LPC	234-2704	Adult individual therapy.
<u>Seeds of Change</u> Jill Shire, LPC	277-7802	PTSD, EMDR-trained. Certified Hypnotherapist addressing elimination of fears including test anxiety, public speaking, negative habits (including smoking and compulsions), sports performance enhancement, reduction of stress, anxieties and self-esteem issues.
Nancy Sherwood, LPC	247-1424	Serving couples, adults, teens and preteens.

<u>Solutions Counseling Services, LLC</u> Colleen Meade, LCSW Lauren Jackson, MSW, PCSW Lisa Crum, LCSW	234-9979	Child, adolescent, adult and marital counseling, family conflict and parenting, sexual abuse/trauma counseling.
<u>Specialty Counseling</u>	222-3042	Adults, adolescents and children, marriage, couples counseling. Vocational, independent living, high-fidelity wraparound and case management services. Religious and spiritual support.
<u>Of One Mind</u> Jennifer Quinn, LCSW	215-5112	Children, adolescents, and adults, family, couple, marital, EMDR trained, DBT, CBT, trauma therapy, grief counseling, substance abuse counseling. ASIs and addictions counseling.
<u>Stepping Stones Counseling</u> Therese Fortier, LCSW	240-2075	Adult individual and marital counseling. Depression, anxiety, adjustment disorders, grief/loss.
<u>Sunshine Counseling</u> Jan de Moulin, LCSW Fred Bergh, CAP	224-2060	Children, adolescents, and adults, family, couple, marital, EMDR trained, DBT, CBT, trauma therapy, grief counseling, substance abuse counseling. ASIs and addictions counseling.
<u>Therapy Associates</u> Melanie Connell, LPC Lori Hicks, LPC Brooke Martin, PCSW Tanya Meek, LPC Jana Sisco, LPC Leslie Murtagh, ARNP BC Lorrie Anderson, Reiki Master, Life Coach	277-6473	Children, adolescents, adults, couples, family therapy, EMDR. Christian counseling with Melanie Connell (Melanieconnell.com). Med management with Leslie Murtagh.
<u>Transitions Family Counseling</u> Ken Hicks, LCSW JoAnne Risser Hicks, LPC	265-2555	Individuals, couples, children, anger management, sex offenders, criminal thinking, relapse prevention, divorce mediation, substance abuse and mental health assessments.
<u>Wyoming Institute for Better Living</u> Don Monson, LCSW	473-8010	Child, adolescent and adult, marriage, family, and substance abuse counseling.
<u>Wyoming Strong Counseling</u> Melissa Eichenberger, LPC	760-6147	Adult, couples and family counseling. Emphasis on trauma and abuse, including vicarious trauma experienced by first responders and vets.
Sharil Williams, LPC	333-2624	Addictions, trauma, abuse, adult, family therapy.
Tonya Yelton, LPC	265-6420	Specializing in play and expressive art therapy services for children, adolescents, adults, families and couples.

Other Mental Health Services

Casper College Counseling	268-2267	For enrolled CC and UW/CC students
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Central Wyoming Counseling	237-9583	Mental health and substance abuse counseling, school-based services, psychiatric evaluation and medication management
<u>Children's Advocacy Project</u> Forensic Interviewers and Therapists: <ul style="list-style-type: none"> Baleigh Hite, MSW, PCSW Rosemary Bartle, MS, LPC, NCC Kayleigh Clark, LCSW 	232-0159	Child/adolescent abuse investigation and therapy
<u>Community Health Center of Central Wyoming</u> <ul style="list-style-type: none"> Carol King, LCSW Midge Payette, LCSW Ashley Mudder, LCSW Laura Hunsaker, LCSW 	233-6000	Mental health counseling for children, adolescents and adults, medication management, pharmacy.
<u>Glenrock Health Center</u> Audrey Boespflug, LCSW	436-9206	Child, adolescent, adult, and older adult individual therapy. Group therapy offered.
Mercer Family Resource Center	265-7366	Counseling individual/couples/family; parenting classes; youth intervention; alcohol/tobacco/other drug education; CHINS assessment; NC Prevention Coalition; Youth Empowerment Council.
Self Help Center	235-2814	Anger management, family violence counseling.
Sensational Kids	234-9360	Pediatric therapy. Occupational therapists treating children with Sensory Processing Disorder, a disorder that often accompanies diagnosis such as autism spectrum disorders, attention deficit, and reactive attachment disorder among others.
Solutions for Life - Douglas/Glenrock/Lusk (Community Mental Health Center)	307-358-2846	Individual and group counseling. Children, adolescents and adults. Anger management. Medication management.
<u>Three Trails Employee/Family Assistance Program</u> Jamie Leslie, LPC Wes Bertagnole, LPC Bonda Zeller, LPC Liz Kornkven, LPC	237-5750	Counseling for employees of Casper College, City of Casper, NCSD, WMC, Wy Recovery, Wy Wound Care, WyHy, US DOE, Self Help, Girl Scout Council, Smile Center, CHCCW, Child Development Center, Central Wyoming Hospice, Mercer Family Resource Center
<u>Healthcare for the Homeless</u>	235-6116	Primary care, preventive, limited dental and vision care, medication, mental health and substance abuse counseling.

Addictions Assessment and Treatment

Stephen Brown, MD	234-3638	Outpatient child/adolescent psychiatrist treating adolescent addiction.
Central Wyoming Counseling	237-9583	Residential substance abuse treatment for men, women, adolescents.
Cedar Ridge Child and Family Counseling	333-1301	ASI evaluations for adults and adolescents, Level 1.0 relapse prevention and Level 2.1 Intensive Outpatient Program, and individual SA counseling for adults and adolescents.

Central Wyoming Rescue Mission	265-2251	Men's New Life Center, Women's Transformation Center residential programs.
Crossroads Counseling	333-5370	Level I.0 substance abuse treatment and Intensive Outpatient Program.
Mercer Family Resource Center	265-7366	ASI Evaluations; Level .5 DUI Education (adults and adolescents); Insight into Substance Prevention (youth education does not require an assessment)
<u>Embracing Change</u> Stephanie Fegler, LCSW	277-1874	ASI evaluations, ASAM level 2.1 IOP and level 1 evening groups, level .5 early intervention 8-hour class. Individual substance abuse counseling. Sliding fee.
Specialty Counseling	222-3042	ASI, DUI, relapse prevention and intensive outpatient substance abuse services.
<u>Transitions Family Counseling</u> Ken Hicks, LCSW	265-2555	Relapse prevention, substance abuse and mental health assessments. Substance abuse counseling for alcohol, marijuana, meth and more. Drug/Alcohol assessments for commercial drivers.
<u>University of Wyoming Family Practice Residency Program - Casper</u> Roxanne Wilson, LAC	234-6161	Outpatient adult addiction treatment. MAT and addiction counseling, individual and group.
<u>Winds of Change Therapy</u> Doris Lowe, LPC	234-7419 259-5139	Addictions treatment, individual and group.
Wyoming Recovery	265-3791	Intensive outpatient, day, and inpatient drug and alcohol treatment, med management.
Adult/Teen Challenge Wyoming	258-5397	Faith-based addictions recovery information and referral. Expanding to include a center for men in northeast Wyoming and a center for women and children in Central Wyoming.

Veterans Mental Health Services

<u>Casper VA Outpatient Clinic</u>	235-4143	Psychiatric care, outpatient substance abuse treatment, case management for veterans.
<u>Casper Vet Center</u>	261-5355	Outreach center for combat vets of current wars and conflicts transitioning back to U.S.

Mental Health Advocacy Organizations

National Alliance for the Mentally Ill (NAMI) NAMI Casper	265-2673	Advocacy service for mentally ill people and their families.
Iris Clubhouse	333-2507	For people with mental illness. Meaningful, sustainable, and transformative community.

Medication/Healthcare Assistance

Interfaith	235-8043
Department of Family Services	473-3900
12 th Street Clinic (Healthcare for the Homeless)	235-6116
Wyoming CARES	237-7035

Food

Joshua's storehouse	256-0242
WIC (Women, infants and children)	265-6408
Salvation Army	234-2002
Community Action Partnership	232-0124
Department of Family Services	473-3900
Holy Cross Center	577-1041
Restoration Church Food Pantry	235-9100
Poverty Resistance	253-8955

Shelter

Wyoming Rescue Mission	265-2251	Food/shelter/addiction recovery
Salvation Army	234-2002	Emergency services
Interfaith	235-8043	Emergency services
Casper Housing Authority	266-1388	Transitional housing
Community Action Partnership	232-0124	Transitional housing
Seton House	577-8026	Transitional housing for single mothers
Habitat for Humanity	234-1348	Permanent Housing

Crisis Shelter

Youth Crisis Center	577-5718	Crisis shelter for children and adolescents
Self Help Center	235-2814	Crisis shelter for women and children

Other needs

Community Action Partnership	232-0124	Emergency services, housing, self-sufficiency services, employment and training services
CLIMB Wyoming	237-2855	Vocational support for single mothers seeking long-term self-sustainability.
LIEAP	472-4221	Assistance with gas, electric and propane bills
Rescued Treasures Thrift Store	577-7793	Household items, clothing, furniture
Goodwill Thrift Store	315-6324	Household items, clothing, furniture
Salvation Army Thrift Store	265-8026	Household items, clothing, furniture
United Methodist Thrift Store	234-6611	Clothing
St. Vincent DePaul Thrift Store	237-2607	Clothing, household items, furniture

Poverty Resistance Thrift Store	267-0704	Household items, furniture, food, clothing
Wyoming CARES	237-7035	Medical and non-medical assistance for infants, children, youth, adults and seniors
Social Security	261-6209	Income for the disabled and elderly

To update this information, please call Emily Quarterman Genoff, Director of Business Development, Wyoming Behavioral Institute, (307) 262-0362 (cell), or email Emily.quarterman-genoff@uhsinc.com